

## RACE RULES

1. Everyone must show consideration for the race officials and other competitors. Respect the use of private property by leaving gates as you find them, not dropping rubbish and not spooking animals.
2. Race marshals directions must be strictly followed.
3. Thermals and wind proof jacket must be either worn or carried for the duration of the event. Appropriate footwear and clothing must be worn (see rule 10)
4. Any competitor, who on medical grounds, requires emergency transport off the course agrees to pay for all expenses incurred.
5. All competitors must carry their drink (at least 1 litre, note: that there will be one drink station on the 10km Run/Walk and two drink stations on the 23km Mountain Run).
6. Race will be held regardless of the weather, organisers reserve the right to change the course if necessary.
7. You must stay on the course, look out for signs and arrows!
8. Sorry no practise run, course is held on private property so farming takes precedence!
9. Have fun and enjoy yourself.
10. Identified hazards on the course include, but are not limited to: uneven and slippery surfaces, hidden rabbit holes, rocks, tussocks, stream crossings, loose shingle, steep terrain, weather conditions can be extreme i.e. hot, cold, windy, precipitation.

For further details phone Pete or Marg on (03) 680 6207, Fax 03 680 6211  
e-mail [pete.marg@xtra.co.nz](mailto:pete.marg@xtra.co.nz) or visit [www.mtbpursuits.com](http://www.mtbpursuits.com)



## AIR SAFARIS Lake Tekapo Mountain Run & Recreational Run/Walk



two wheels....one passion



[mtbpursuits.com](http://mtbpursuits.com)

CAUTION : Adventures Ahead



## Saturday 20th March 2010 - Tekapo

Est. 2009, organised by MTB Pursuits.com

Choose from 2 courses to suit your fitness level:

1. **Mountain Run - 23km**  
For fit & experienced off-road runners
2. **Recreational Run/Walk - 10km**  
Run or walk, includes a 200mtr climb

Graphics by [Imageart.co.nz](http://Imageart.co.nz) Printed by Konica Minolta

## 2010 Air Safaris ENTRY FORM Please complete:

NAME \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 PHONE \_\_\_\_\_  
 E-MAIL \_\_\_\_\_  
 MALE  FEMALE  AGE \_\_\_\_\_ (on race day)

CLASS	23km Mountain Run
\$40 Open (18-39yrs)	<input type="checkbox"/>
\$40 Veteran (40+ yrs)	<input type="checkbox"/>
\$40 Classic (50 + yrs)	<input type="checkbox"/>
\$30 Youth (15-17yrs)	<input type="checkbox"/>
\$20 Open (18 & over ) .....10km Run/walk.....>	<input type="checkbox"/>
\$10 Junior (under 18yrs) .....10km Run/walk.....>	<input type="checkbox"/>

**\$10 Late entry fee** (applies after Mon, 15th Mar)  
 Cheques payable to: MTB Pursuits Send Entries to :P O Box 160,  
 Lake Tekapo 7945  
 or by Fax 03 680 6211 Please debit my VISA / MASTERCARD  
 CARD NO: \_ \_ \_ \_ / \_ \_ \_ \_ / \_ \_ \_ \_ / \_ \_ \_ \_  
 Name on Card: \_\_\_\_\_ Exp \_ \_ / \_ \_  
 Signature \_\_\_\_\_

If you would like to make payment by internet banking please contact us for our bank account details, and payment instructions.

**Indemnity**  
 I understand that I am entering this event at my own risk. In my judgement I have the competence, experience and fitness to compete safely. I agree to abide by the rules and regulations governing the running of this event, and obey all officials on race day. I agree to indemnify and hold harmless the organisers, landowners and sponsors from any and all liabilities and claims made by other individuals or entities as a result of any of my actions during this event. I understand that this event is being held on private land and I do not have land owners approval to run/walk the course until the organised event.

Signature \_\_\_\_\_  
 (Parent or Guardian signature required for under 18's)



**NOTE:** This event will be held regardless of weather conditions  
 (Organisers reserve the right to alter course if required due to weather conditions)

### Course description 10km Recreational Run / Walk

Starts from the Lake Tekapo Regional Park on the Eastern side of Lake Tekapo along Lilybank Road.  
 REGISTRATION: 9am - 10am (at Regional Park)  
 RECREATIONAL BRIEFING: 10.45am  
 START TIME: 11.00am  
 All competitors must follow the marked course and must attend the briefing.

The course is on farm 4WD tracks and some off-road tracks. There is some rough & uneven ground and care should be taken. Course includes a 200mtr climb.  
 Late entry fee of \$10 applies after Mon 15th Mar

### 23km Mountain Run

Starts from the Lake Tekapo Regional Park on the Eastern side of Lake Tekapo on Lilybank Road.  
 REGISTRATION: from 9am - 10am (at Regional Park)  
 MOUNTAIN RUN BRIEFING: 10.15am  
 MOUNTAIN RUN START TIME: 10.30am  
 All competitors must follow the marked course and must attend the briefing.  
 PRIZEGIVING & AFTERNOON TEA: on site at 3pm

This Mountain Run is for fit & experienced off-road runners. The course is over farm 4WD tracks and some off track running over rough surfaces and two to four stream crossings. Two drink stations will be provided. There are a number of substantial climbs starting at an elevation of 715mtr to 1100mtr. A wind breaker and thermals must be carried or worn during the race.

Late entry fee of \$10 applies after Mon 15th Mar

\*\*\* Paid entries received by 15th March will receive an individual pool pass to the Alpine Springs and Spa. For use on 20th/21st March only. Your pass will be available to be collected at the Regional Park start area on Sat 20th & Sun 21st March from 8.30am - 1pm.

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